

One Paragraph:
Through the New Testament
in 180 Days



It is my pleasure to welcome you to *One Paragraph*. This Bible reading adventure is designed to have you read through the New Testament in 180 days.

It is my prayer that all who engage in *One Paragraph* will find that their walk with God is becoming more meaningful and more lived out in the world. If you have any concerns or questions while reading the Scripture or writing in your journal, please contact me.

Shalom and Blessings,
Pastor Kevin

Daily Reading Plan

The plan assigns about 2-3 chapters per day. Here are some more strategies to help you reach your goal of completing this reading plan:

- Share with a trusted friend or family member about your Bible reading plan, so that they can encourage you and hold you accountable. Even better, they can do the reading plan too, so that you have someone to talk with about what you're learning! You will be amazed at the things God will teach you.
 - Environment matters! Brew a good cup of coffee or tea. You can open a window, or turn on music, or light a candle. Create the kind of atmosphere that helps you relax in the presence of God.
 - Find your "chair." This is your favorite spot to read the Bible, journal, and pray. We are creatures of habit, and this will help you make your time with God part of the routine.
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Daily Journaling Plan

1. Before you start reading, pray and ask God to give you one word, a phrase or a mental picture while you read.
2. As you read, circle, underline, or highlight words in your Bible that connect with you.
3. Read slowly, without rushing. If you have time, read the chapter again a second time.
4. Bible reading is not just about using the intellectual part of your mind; the Bible comes alive when you read it with your imagination and the creative part of your mind.
5. When you finish reading, write down one word, sentence or mental picture followed by a few sentences reflecting on what God gave to you.
6. End your time with God by saying a simple prayer for the day ahead.

ONE PARAGRAPH

DAY

COMPLETE

1	Matthew 1-2	
2	Matthew 3-4	
3	Matthew 5	
4	Matthew 6-7	
5	Matthew 8	
6	Matthew 9	
7	Matthew 10	
8	Matthew 11-12	
9	Matthew 13	
10	Matthew 14	
11	Matthew 15	
12	Matthew 16-17	
13	Matthew 18	
14	Matthew 19	
15	Matthew 20	
16	Matthew 21	
17	Matthew 22	
18	Matthew 23	
19	Matthew 24	
20	Matthew 25	
21	Matthew 26	
22	Matthew 27	
23	Matthew 28	
24	Mark 1	
25	Mark 2	
26	Mark 3	
27	Mark 4	
28	Mark 5	
29	Mark 6	
30	Mark 7	
31	Mark 8	
32	Mark 9	
33	Mark 10	
34	Mark 11	
35	Mark 12	
36	Mark 13	
37	Mark 14	
38	Mark 15	
39	Luke 1	
40	Luke 2	

ONE PARAGRAPH

DAY

COMPLETE

41	Luke 3	
42	Luke 4	
43	Luke 5	
44	Luke 6	
45	Luke 7	
46	Luke 8	
47	Luke 9	
48	Luke 10	
49	Luke 11	
50	Luke 12	
51	Luke 13	
52	Luke 14	
53	Luke 15	
54	Luke 16	
55	Luke 17	
56	Luke 18	
57	Luke 19	
58	Luke 20	
59	Luke 21	
60	Luke 22	
61	Luke 23	
62	Luke 24	
63	John 1	
64	John 2	
65	John 3	
66	John 4	
67	John 5	
68	John 6	
69	John 7	
70	John 8	
71	John 9	
72	John 10	
73	John 11	
74	John 12	
75	John 13	
76	John 14	
77	John 15	
78	John 16	
79	John 17	
80	John 18	

ONE PARAGRAPH

DAY

COMPLETE

81	John 19	
82	John 20	
83	John 21	
84	Acts 1	
85	Acts 2	
86	Acts 3	
87	Acts 4	
88	Acts 5	
89	Acts 6	
90	Acts 7	
91	Acts 8	
92	Acts 9	
93	Acts 10	
94	Acts 11	
95	Acts 12	
96	Acts 13	
97	Acts 14	
98	Acts 15	
99	Acts 16	
100	Acts 17	
101	Acts 18	
102	Acts 19	
103	Acts 20	
104	Acts 21-22	
105	Acts 23	
106	Acts 24-25	
107	Acts 26	
108	Acts 27-28	
109	Romans 1	
110	Romans 2	
111	Romans 3-4	
112	Romans 5-6	
113	Romans 7-8	
114	Romans 9-10	
115	Romans 11-12	
116	Romans 13-14	
117	Romans 15-16	
118	1 Cor. 1-2	
119	1 Cor. 3-4	
120	1 Cor. 5-6	

ONE PARAGRAPH

DAY

COMPLETE

121	1 Cor. 7-8	
122	1 Cor. 9-10	
123	1 Cor. 11-12	
124	1 Cor. 13-14	
125	1 Cor. 15-16	
126	2 Cor. 1-2	
127	2 Cor. 3-4	
128	2 Cor. 5-6	
129	2 Cor. 7-8	
130	2 Cor. 9-10	
131	2 Cor. 11-12	
132	2 Cor. 13	
133	Galatians 1-2	
134	Galatians 3-4	
135	Galatians 5-6	
136	Ephesians 1-2	
137	Ephesians 3-4	
138	Ephesians 5-6	
139	Philippians 1-2	
140	Philippians 3	
141	Philippians 4	
142	Colossians 1	
143	Colossians 2	
144	Colossians 3	
145	Colossians 4	
146	1 Thess. 1	
147	1 Thess. 2	
148	2 Thess. 1	
149	2 Thess. 2	
150	1 Timothy 1-3	
151	1 Timothy 4-6	
152	2 Timothy 1-2	
153	2 Timothy 3-4	
154	Titus 1	
155	Philemon 1	
156	Hebrews 1-2	
157	Hebrews 3-4	
158	Hebrews 5-7	
159	Hebrews 8-10	
160	Hebrews 11-13	

