

One Word: The Stories of Jesus  
A 90-Day Bible Reading Experience



It is my pleasure to welcome you to *One Word*. This class is designed to help you learn the basics, so that you'll be ready to start reading the Bible without feeling overwhelmed. Over 90 days, you will read the first four books of the New Testament, which will help you learn about the story of Jesus. We call these four books the "Gospels," and their names are Matthew, Mark, Luke, and John. They each write about the life and teachings of Jesus from four different perspectives.

It is my prayer that all who engage in *One Word* will find that their walk with God is becoming more meaningful and more lived out in the world. If you have any concerns or questions while reading the Scripture or writing in your journal, please contact me.

Shalom and Blessings,  
Pastor Kevin

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## Daily Reading Plan

This reading plan assigns about one chapter or so per day, and most chapters in the Bible are only about 3-4 pages long. If you miss a day, no worries. Simply keep going where you left off. It takes about 30 days to form a habit, and with some patience you'll get there. Here are some tips that have worked well for others:

- Pick a consistent time and try to stick to it, so that it becomes part of your daily routine.
  - Many people like to start their mornings with the Bible, right after waking up, so that it sets a good tone for the rest of the day.
  - Check off the daily boxes on the bookmark (or make your own list) as you go; the visual progress will give you motivation to keep going.
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## Daily Journaling Plan

1. Before you start reading, pray and ask God to give you one word while you read.
2. Read slowly, without rushing. If you have time, read the chapter again a second time.
3. As you read, circle, underline, or highlight words in your Bible that connect with you.
4. Bible reading is not just about using the intellectual part of your mind; the Bible comes alive when you read it with your imagination and the creative part of your mind.
5. When you finish reading, write down one word (or type it in your phone) that connected with you. Keep this word with you in your wallet, purse, or pocket, so that it's with you throughout the day.
6. End your time with God by saying a simple prayer for the day ahead.

# ONE WORD

## DAY

COMPLETE

1	Matthew 1	
2	Matthew 2	
3	Matthew 3	
4	Matthew 4	
5	Matthew 5	
6	Matthew 6	
7	Matthew 7	
8	Matthew 8	
9	Matthew 9	
10	Matthew 10	
11	Matthew 11	
12	Matthew 12	
13	Matthew 13	
14	Matthew 14	
15	Matthew 15	
16	Matthew 16	
17	Matthew 17	
18	Matthew 18	
19	Matthew 19	
20	Matthew 20	
21	Matthew 21	
22	Matthew 22	
23	Matthew 23	
24	Matthew 24	
25	Matthew 25	
26	Matthew 26	
27	Matthew 27	
28	Matthew 28	
29	Mark 1	
30	Mark 2	
31	Mark 3	
32	Mark 4	
33	Mark 5	
34	Mark 6	
35	Mark 7	
36	Mark 8	
37	Mark 9	
38	Mark 10	
39	Mark 11	
40	Mark 12	
41	Mark 13	
42	Mark 14	
43	Mark 15	
44	Mark 16	
45	Luke 1	
46	Luke 2	

# ONE WORD

DAY

COMPLETE

47	Luke 3	
48	Luke 4	
49	Luke 5	
50	Luke 6	
51	Luke 7	
52	Luke 8	
53	Luke 9	
54	Luke 10	
55	Luke 11	
56	Luke 12	
57	Luke 13	
58	Luke 14	
59	Luke 15	
60	Luke 16	
61	Luke 17	
62	Luke 18	
63	Luke 19	
64	Luke 20	
65	Luke 21	
66	Luke 22	
67	Luke 23	
68	Luke 24	
69	John 1	
70	John 2	
71	John 3	
72	John 4	
73	John 5	
74	John 6	
75	John 7	
76	John 8	
77	John 9	
78	John 10	
79	John 11	
80	John 12	
81	John 13	
82	John 14	
83	John 15	
84	John 16	
85	John 17	
86	John 18	
87	John 19	
88	John 20	
89	John 21	